

1990 Region 4AA Girls Championship at Stillwater on Saturday, June 2nd and Monday, June 4th

Teams: Coon Rapids 89, Elk River 73, White Bear Lake 51.33, Mounds View 44, Stillwater 40.33, Anoka 40, Irondale 40, Hill-Murray 32, Forest Lake 28, Tartan 24, North St Paul 13, Blaine 12, Columbia Heights 6.33, Spring Lake Park 2, Centennial 1.

100

- 1 Nikki Stroinski, CR 12.76
- 2 Rita Anderson, FL 13.02
- 3
- 4
- 5 Anita Paulino, FL

200

- 1 Nikki Stroinski, CR 26.1
- 2 Anita Paulino, FL 26.4
- 3
- 4 Jennifer Johnson, WBL 26.5
- 5 Rita Anderson, FL

400

- 1 Amy Ochocki, Ir 59.7
- 2 Nikki Adams, H-M 61.5
- 3 Pam Beaudry, ER
- 4 Jennifer Johnson, WBL 63.5

800

- 1 Jennifer Watson, Anoka 2:15.6
- 2 Kara Hermanson, ER 2:18.7
- 3
- 4 Meredith Schreader, WBL 2:24.8

1600

- 1 Betsy Dobbins, Tart 5:28.61
- 2 Nicole Venzke, WBL 5:30.71
- 3 Jill Dybdal, WBL 5:32

3200

- 1 Nicole Venzke, WBL 11:47.2
- 2 Betsy Dobbins, Tart 11:53.8

100 Hurdles (33")

- 1 Lori Fowler, ER 15.63
- 2 Wendy Gilman, ER 15.64
- 3 Charlene Legut, Still 16.15
- 4 Heather Kasun, Still 16.24

300 Hurdles (30")

- 1 Holly Hargroder, Still 46.26
- 2 Marilyn Scholl, H-M 47.27
- 3 Wendy Gilman, ER
- 4 Lori Fowler, ER

4x100 Relay

- 1 Mounds View 51.6
- 2 Stillwater 51.9
- 3
- 4
- 5 Elk River

4x200 Relay

- 1 Mounds View 1:46.17
- 2 White Bear Lake 1:46.8
- 3
- 4
- 5 Elk River

4x400 Relay

- 1 Anoka 4:05.15
- 2 Elk River 4:06.1
- 3 Stillwater 4:07.19

4x800 Relay

- 1 Anoka 9:42.58
- 2 Elk River 9:45.4
- 3 White Bear Lake
- 4
- 5 Forest Lake 10:06.82

Shot Put

- 1 Missy Swanson, CR 40-10
- 2 Kris Katzmark, CR 37-6.75
- 3 Heidi Schultz, ER 37-6

Discus Throw

- 1 Missy Swanson, CR 112-2
- 2 Janelle Peterson, Bla 110-4

Long Jump

- 1 Cindy Bethany, MV 18-1.5
- 2 Colleen Vance, Ir 16-5.75

High Jump

- 1 Kristin Schereer, CR 5-5
- 2 Nikki Adams, H-M 5-2
- 3 Rita Anderson, FL
- 4 Candace Stickney, ER
- 5
- t6 Cheryl Allard, Still 5-0

* Ties Meet Record

** New Meet Record

Notes: The meet was suspended on Saturday due to inclement weather and finished on Monday morning.